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Chapter Title	Computer-Assisted External Fixation for Aesthetic-Changing Lower Limb Shape	
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Abstract	<p>This is an example of preoperative planning and operative treatment for aesthetic changing of lower limb shape using external fixation. In this case, we performed gradual correction via a computer-assisted hexapod – Ortho-SUV Frame. Module transformation (removing of struts and internal half rings) provided opportunity to have patient stand with both legs together. This was helpful for evaluating clinical alignment and appearance.</p>	

1 Computer-Assisted External Fixation for Aesthetic-Changing Lower 2 Limb Shape

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6 Abstract

7 This is an example of preoperative planning and operative treatment for aesthetic changing of lower
8 limb shape using external fixation. In this case, we performed gradual correction via a computer-
9 assisted hexapod – Ortho-SUV Frame. Module transformation (removing of struts and internal half
10 rings) provided opportunity to have patient stand with both legs together. This was helpful for
11 evaluating clinical alignment and appearance.

1 Brief Clinical History

12 This female 31 y.o. came to Vreden Russian Research Institute of Traumatology and Orthopedics on
13 April 08, 2012, having complaint of bow legs. She has been troubled by her alignment since she was
14 a teenager.

15 2 Preoperative Clinical Photos and Radiographs

16 See Fig. 1.

17 3 Preoperative Problem List

18 The patient was unhappy with her lower limb shape: gap between knee joints, concave lower leg
19 internal contour, and curved external contour.

20 Pathological changes of hip, knee, and ankle joints using physical and ultrasound examination
21 and MRI were not revealed.

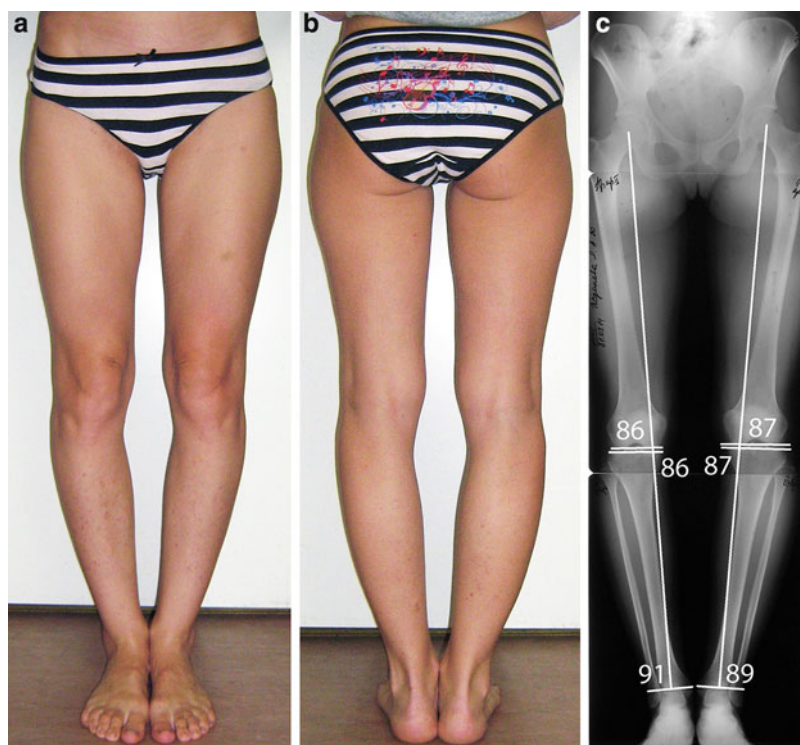
22 Bilateral bow legs without pain.

23 4 Treatment Strategy

24 The strategy was chosen according to the complexity of correction planned: valgization and
25 medialization of the distal part of the tibia and tibia lengthening to pull the fibula distally. We
26 planned to carry out three types of bone fragment moving. To simplify this procedure, software-

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Q1 **Fig. 1** (a) Front view showing bow leg alignment. There is a 5 cm gap between the legs on the level of the knee joints and 8 cm gap between the legs on the level of the proximal third of the shank. (b) Behind view showing bow leg alignment. (c) Standing X-ray showing bilateral medial mechanical axis deviation

27 based Ortho-SUV Frame (<http://ortho-suv.org>) was chosen. After deformity correction, the modular
 28 transformation of the external fixation device can be done.

29 **5 Basic Principles**

- 30 1. The use of external fixation provides possibility of low-traumatic surgery, avoiding large incision
- 31 and opening the bone fragments.
- 32 2. The use of computer-assisted Ortho-SUV Frame provides precise, one-step gradual deformity
- 33 correction.

34 **6 Images During Treatment**

35 See Fig. 2.

36 **7 Technical Pearls**

37 The assembly of the external frames provided stable fixation of the bone fragments and possibility of
 38 modular transformation. The assemblies used according to Method of Unified Designation of
 39 External Fixation (MUDEF: [http://ortho-suv.org/index.php?option=com_content%26view=arti](http://ortho-suv.org/index.php?option=com_content%26view=article%26id=127%26Itemid=93%26lang=en)
 40 [cle%26id=127%26Itemid=93%26lang=en](http://ortho-suv.org/index.php?option=com_content%26view=article%26id=127%26Itemid=93%26lang=en)) are the following (identical for both lower legs):

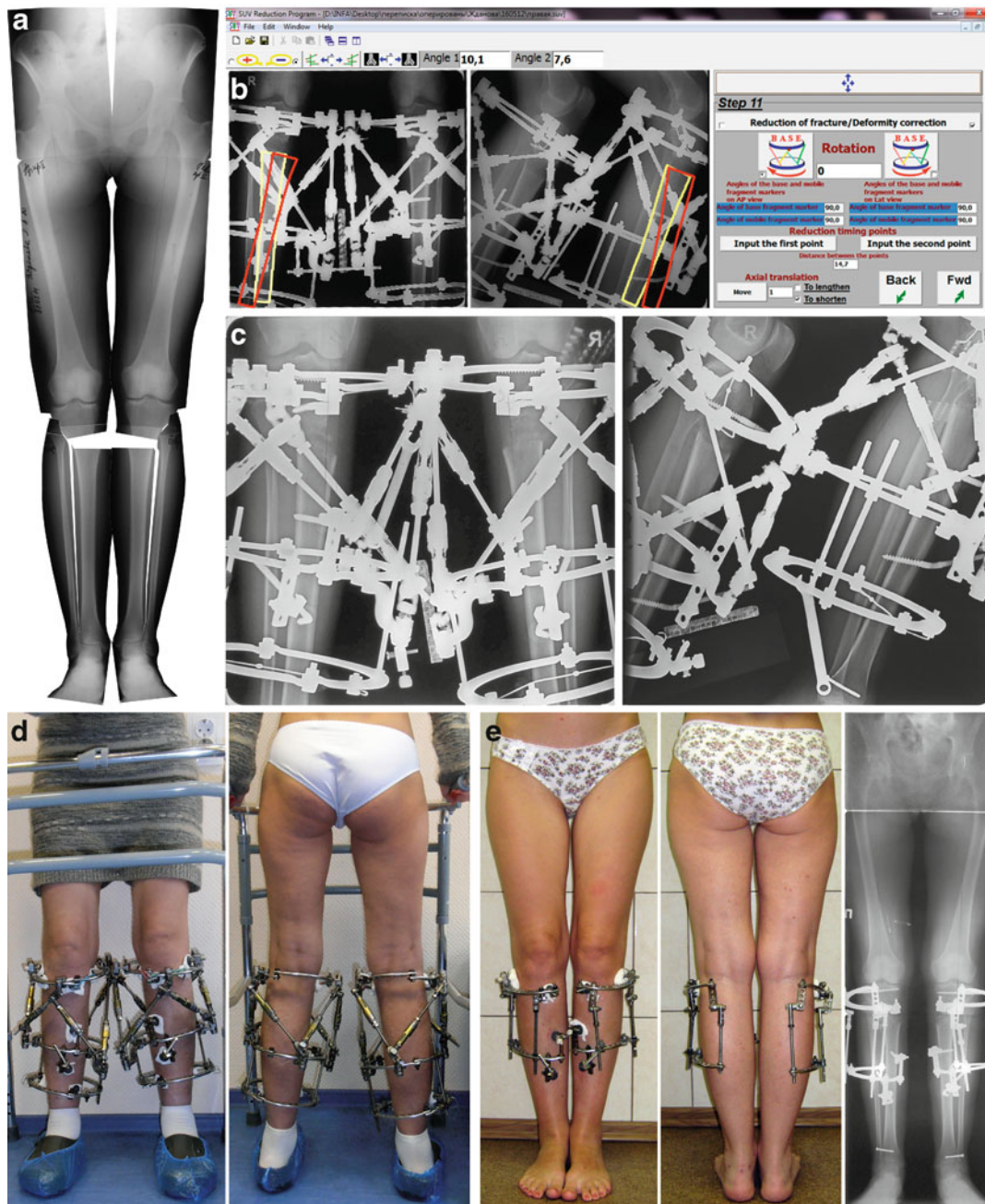


Fig. 2 (a) Preoperative planning. To achieve the desired result, we planned to carry out lengthening of the tibia of 2 cm, medialization of the distal part of the tibia of 10 mm, and valgization of 7°. (b) The Ortho-SUV software window at step 11: the deformities correction planning. The yellow bone contour indicated the initial mobile (corresponding) fragment position. The red bone contour created by the software indicates the final position of the mobile bone fragment. The same calculation was done for the left lower leg. (c) Radiographs after correction by Ortho-SUV. (d) Photos after correction. (e) Photos and radiographs after the modular transformation. Removing of internal half rings and struts provided the opportunity for the patient to stand with legs together which is a more accurate indication of final appearance

$$\frac{I, 9, 90; I, 3 - 9; II, 1, 90}{140} - \text{Ortho-SUV} - \frac{IV, 2, 90; VI, 12, 70}{140} - \frac{VII(8 - 2)8 - 2}{140}$$

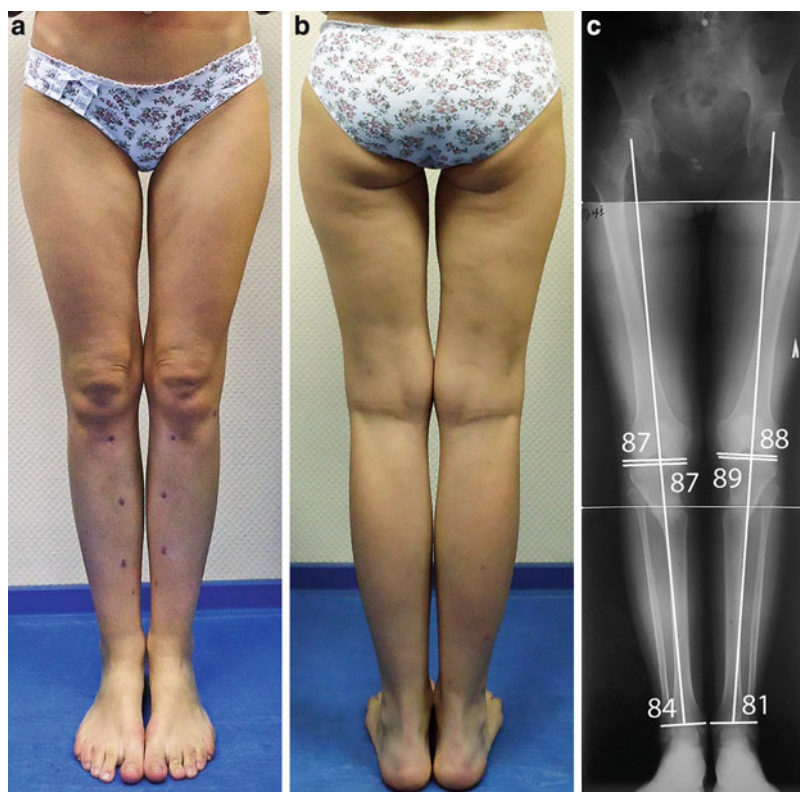


Fig. 3 (a–c) Photos and radiographs 1 month after removal of the external fixation frames showing normal alignment. There is no mechanical axis deviation noted

41 - Use of module transformation of the circular external frame decreases the bulkiness of the frames:

$$\frac{\text{I, 9, 90; II, 1, 90}}{1/2 \quad 140} \quad - \quad \frac{\text{IV, 2, 90; VI, 12, 70}}{1/2 \quad 140}$$

42

43 **8 Outcome Clinical Photos and Radiographs**

44 See Fig. 3.

45 **9 Avoiding and Managing Problems**

46 The correction of the deformities was done gradually. Use of a structure at risk point helped
 47 determine optimal speed of correction, prevented nerve or vascular disorders, and helped with
 48 optimal callus formation.

49 Active antibiotic therapy and close method of pin-site management were used to prevent
 50 infectious complications.

51 Distal tibiofibular syndesmosis was fixed by screws to prevent gap after frame module transfor-
 52 mation and removal of the tibiofibular wire.

53 **10 Cross-References**

- 54 ▶ [Computer Assisted External Fixation and then Nailing at Both Lower Legs Non-Unions](#)
- 55 [Accompanied with Complex Deformities](#)
- 56 ▶ [Computer Assisted External Fixation at Femur two-Level Posttraumatic Complex Deformity](#)
- 57 ▶ [Computer Assisted External Fixation at Femur Malunion Accompanied With Complex](#)
- 58 [Deformity](#)
- 59 ▶ [Spondyloepiphyseal Dysplasia Treated by Bi-lateral Proximal Tibial Osteotomy Followed by](#)
- 60 [Gradual Deformity Correction](#)

61 **References and Suggested Reading**

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Index Terms:

Aesthetic changing, of lower limb shape 1

Distal tibiofibular syndesmosis 4

Lower limb shape, aesthetic changing 1

Medialization 1, 3

Method of Unified Designation of External Fixation (MUDEF) 2

Ortho-SUV 3

Valgization 1, 3

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